TABLE OF CONTENTS

Using This Facilitator's Guide	4
Session 1: Be Prepared	6
Session 2: The Real Enemy	12
Session 3: The Utility Belt of Truth	18
Session 4: The "Lorica" of Right Living	24
Session 5: Walking on the Road to Peace	30
Session 6: Delivered by the Helmet and Sword	36
Session 7: Prayer on Active Duty	42