

DAY 1 † Morning Prayer

O Lord, open my lips, and my mouth will declare your praise (Ps. 51:15).

Psalm 100:1-2

Shout for joy to the LORD, all the earth.
Worship the LORD with gladness;
come before him with joyful songs.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Hymn

*O for a thousand tongues to sing
My great Redeemer's praise,
The Glories of my God and King,
The triumphs of His grace!*

Psalm 63:1-3

O God, you are my God,
earnestly I seek you;
my soul thirsts for you,
my body longs for you,
in a dry and weary land
where there is no water.

I have seen you in the sanctuary
and beheld your power and your glory.
Because your love is better than life,
my lips will glorify you.

Prayer

O Lord, make it our delight to praise you, to call to mind your loving-kindness, and to offer the sacrifice of thanksgiving.





Psalm 149:1-3

Sing to the LORD a new song,
his praise in the assembly of the saints.
Let Israel rejoice in their Maker;
let the people of Zion be glad in their King.
Let them praise his name with dancing
and make music to him with tambourine and harp.

Prayer

O Lord, we desire to adore your sacred name, who has in your goodness brought us in safety to behold the beginning of a new day.

Scripture Reading (Optional) Revelation 7:9-12

Intercessions

Let us lift up our hearts in praise and thanksgiving to our Heavenly Father, praying,

Glory to you, O most adorable Father.

You are the end for which we were created, and we can expect no happiness but in you.

Glory to you, O most adorable Father.

Give your strength to your servants, that your love may fill our hearts.

Glory to you, O most adorable Father.

Let your love be the motive of all we do today with our understanding, our health, our time, and all other talents you have given us.

Glory to you, O most adorable Father.

(Offer personal prayers.)

The Lord's Prayer

Dismissal

O Father, do more and better for us than we can either desire or deserve, for the sake of our blessed Savior and Redeemer, Jesus Christ, to whom, with you and the Holy Spirit, be all praise and glory, now and forever.
Amen.



DAY 1 † Evening Prayer

Self-Examination

(Reflect on the day, using the following questions as a guide, confess any departures from the law of love, and ask God for forgiveness.)

- Have I done anything that was not in some way to the glory of God?
- Have I failed to do what good I could?
- Have I unnecessarily grieved anyone by word or deed?

Opening

O God, come to my assistance; O Lord, make haste to help me (Ps. 69:2, DRA).*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Revelation 19:1-2

Hallelujah!

Salvation and glory and power belong to our God,
for true and just are his judgments.

Intercessions

(Offer personal prayers.)

The Lord's Prayer

Dismissal

O Shepherd of Israel, graciously receive us this night and ever into your protection. We ask this through Jesus Christ our Lord. Amen

*Psalm 70:1 in most modern versions of the Bible.





Personal Meditations

