

## Here We Are Movements

Song #1: "The Mission"

### Chorus:

#### **Lyrics:**

We're on a mission  
and our leader is Jesus Christ  
He is our Lord

We're on a mission  
and with Jesus we stand for right  
Him we adore  
We're standing together hand in hand,

Spreading the news all across the land

We're on a mission, yes  
We're on a mission for our Lord

### Solo 1

Singing praises, clapping hands

Doing what the Lord commands

Leading people to our King

Father God of everything  
Come and join today

He's the only way

### Chorus:

We're on a mission  
and our leader is Jesus Christ  
He is our Lord

We're on a mission  
and with Jesus we stand for right

#### **Movement:**

March for 2 counts (*right, left*)  
Salute using right hand  
With right index finger, pump hand  
in air 3x's  
March for 2 counts (*right, left*)  
Salute using right hand  
Sway arms from right to left 4x's  
Step out to the side with right foot then left.  
(*hand in hand*) extend right hand to low  
diagonal repeat with left hand.  
Bring arms up to high diagonals then  
cascade arms slowly down from high  
diagonals to low diagonals  
March 2x's (*right, left*)  
Continue marching 2 more times. On Lord  
salute using right hand.

Cup mouth and push hands upward 2x's,  
(*clapping*) 4x's on the beat  
Shake finger from left to right (*repeat with  
left finger*)  
Raise arms from low diagonal to high  
diagonal  
"Raise the roof" push palms up to ceiling  
With right arm wave rotate towards your  
body as if ushering people in  
With right arm fully extend and raise from  
lower right diagonal to high right diagonal

March for 2 counts (*right, left*)  
Salute using right hand  
With right index finger, pump hand  
in air 3x's  
March for 2 counts (*right, left*)  
Salute using right hand

Him we adore  
We're standing together hand in hand

Spreading the news all across the land

We're on a mission, yes  
We're on a mission for our Lord

### Verse 2: Choir Joins

Come and join us, take our hand

Come with us and take a stand  
Share His message, share His truth

You will find He's right for you

Come and join today

He's the only way

### Chorus:

We're on a mission  
and our leader is Jesus Christ  
He is our Lord

We're on a mission  
and with Jesus we stand for right  
Him we adore  
We're standing together hand in hand

Spreading the news all across the land

We're on a mission, yes  
We're on a mission for our Lord

Sway arms from right to left 4x's  
Step out to the side with right foot then left.  
(*hand in hand*) extend right hand to low  
diagonal repeat with left hand.

Bring arms up to high diagonals then  
cascade arms slowly down from high  
diagonals to low diagonals

March 2x's (*right, left*)

Continue marching 2 more times. On Lord  
salute using right hand.

Have elbows bend at your side and bring  
palms towards the chest (*take*) grasp hands  
together in front of chest and push straight up  
still with clasped hands

Sway arms right to left 4x's

From center of body open hand out to the  
right side (*repeat with left hand*)

Bring both arms to center with hands  
overlapping the heart

With right arm wave rotate towards your  
body as if ushering people in

With right arm fully extend and raise from  
lower right diagonal to high right diagonal

March for 2 counts (*right, left*)

Salute using right hand

With right index finger, pump hand  
in air 3x's

March for 2 counts (*right, left*)

Salute using right hand

Sway arms from right to left 4x's

Step out to the side with right foot then left.  
(*hand in hand*) extend right hand to low  
diagonal repeat with left hand.

Bring arms up to high diagonals then  
cascade arms slowly down from high  
diagonals to low diagonals

March 2x's (*right, left*)

Continue marching 2 more times. On Lord  
salute using right hand.

Coda:

You can, you can do it

Sure you can

Come and join our team and lend a hand

Lend a hand

With a partner: both clap 1x, press right palms together, clap 1x, press left hands together, clap 1x, press both palms together and hit 3x's (*similar to patty-cake*)

High five each other

Extend right arm to low diagonal and lock hand with partner (*repeat left*)

Everyone raise hands over head still joined together

Chorus:

We're on a mission

and our leader is Jesus Christ

He is our Lord

We're on a mission

and with Jesus we stand for right

Him we adore

March for 2 counts (*right, left*)

Salute using right hand

With right index finger, pump hand in air 3x's

March for 2 counts (*right, left*)

Salute using right hand

Sway arms from right to left 4x's

We're standing together hand in hand

Spreading the news all across the land

We're on a mission, yes

We're on a mission for our Lord

We're on a mission, yes

We're on a mission for our Lord

For our Lord

Step out to the side with right foot then left. (*hand in hand*) extend right hand to low diagonal repeat with left hand.

Bring arms up to high diagonals then cascade arms slowly down from high diagonals to low diagonals

March 2x's (*right, left*)

Continue marching 2 more times. On Lord salute using right hand.

March 2x's (*right, left*)

Continue marching 2 more times. On Lord salute using right hand.

Salute using right hand

Song #2: "God's Love Changes Everything"

Chorus:

**Lyrics:**

Well God's love changes, changes everything

He cares about the big things and the small

You can be excited 'cause you're invited  
He's calling you to be a child of God  
He says, "Come one and all! Come one and all"

**Movement:**

Variation of the hand jive: 2 pats on thighs, (love) 2 claps, (changes) hands cross over top each other, (changes) pound fists up top of each other twice, pump arms to the right in full extension with hand bursting, repeat to the left side

Fully extend arms to the side (*like on a cross*) and then close hands in front of chest leaving a little space to represent "small"

Spirit fingers above head

Cup mouth with hands

One big wave inward towards body ushering people in

Verse 1:

Set your heart in the right direction

Plant your feet on solid ground

We're the center of God's affection

He'll turn our lives around, around, and around

Place both hands over heart and then shoot right arm up pointing to God

March

Raise arms up overhead

Big arm circle 3x's

Musical Interlude:

*\*You may want to have a child or two play electric guitars. You may either make these from cardboard or purchase them from oriental trading.*

Chorus

**Lyrics:**

Well God's love changes, changes everything

He cares about the big things and the small

You can be excited 'cause you're invited  
He's calling you to be a child of God

**Movement:**

Variation of the hand jive: 2 pats on thighs, (love) 2 claps, (changes) hands cross over top each other, (changes) pound fists up top of each other twice, pump arms to the right in full extension with hand bursting, repeat to the left side

Fully extend arms to the side (*like on a cross*) and then close hands in front of chest leaving a little space to represent "small"

Spirit fingers above head

Cup mouth with hands

He says, “come one and all, come one and all”

One big wave inward towards body ushering people in

Verse (repeat):

Set your heart in the right direction

Place both hands over heart and then shoot right arm up pointing to God

Plant your feet on solid ground

March

We’re the center of God’s affection

Raise arms up overhead

He’ll turn our lives around, around, and around

Big arm circle 3x’s

Chorus:

Well God’s love changes, changes everything

Variation of the hand jive: 2 pats on thighs, (*love*) 2 claps, (*changes*) hands cross over top each other, (*changes*) pound fists up top of each other twice, pump arms to the right in full extension with hand bursting, repeat to the left side

He cares about the big things and the small

Fully extend arms to the *side (like on a cross)* and then close hands in front of chest leaving a little space to represent “small”

You can be excited ‘cause you’re invited

Spirit fingers above head

He’s calling you to be a child of God

Cup mouth with hands

He says, “come one and all”

One big wave inward towards body ushering people in

Chorus:

Well God’s love changes, changes everything

Variation of the hand jive: 2 pats on thighs, (*love*) 2 claps, (*changes*) hands cross over top each other, (*changes*) pound fists up top of each other twice, pump arms to the right in full extension with hand bursting, repeat to the left side

He cares about the big things and the small

Fully extend arms to the *side (like on a cross)* and then close hands in front of chest leaving a little space to represent “small”

You can be excited ‘cause you’re invited

Spirit fingers above head

He’s calling you to be a child of God

Cup mouth with hands (*center*)

He’s calling you to be a child of God

Cup mouth with hands (*right*)

He’s calling you to be a child of God

Cup mouth with hands (*left*)

He says come one and all

One big wave inward towards body ushering people in

Song #3: "Believe"

Chorus 1:

**Lyrics:**

What must I do to be saved?

O Jesus, O Savior

What must I do to be saved?

It seems I have lost my way

O Jesus

What must I do to be saved?

Verse 1:

Believe there's love from Heaven  
Sent to us in Jesus Christ  
Believe this love lasts forever  
Admit you have sinned, Start believing in Him

Claim Jesus, commit today

Verse 2:

Lost and alone

Like a ship that's sailing in the dark  
Needing a home  
There's a longing in my lonely heart

Then Jesus came

His light has turned my night to day

Now He's in me  
And Him I'll follow everyday

**Movements:**

Roll arms in front of stomach and then point to the right with thumb, repeat to the left  
Right arm extended in top diagonal, Left arm extended in top diagonal

Roll arms in front of stomach and then point to the right with thumb, repeat to the left to the right: step right, behind left. Step right and clap (*repeat to the left*)

Right and Left arms extended in top diagonal

Roll arms in front of stomach and then point to the right with thumb, repeat to the left

Weave arms in and out to high diagonals  
Wave arms right to left

Cascade arms down  
Shoot right arm up to high diagonal (*start believing*) repeat left

Bring arms slowly down overlapping over heart

Place hands slightly in front of face blocking it like "peek-a-boo"

Make waves with hands, right then left  
pray

Love symbol over chest and twist slightly at the waist

Sign for Jesus: place left middle finger in the palm of right hand marking the nail print (*repeat left*)

Sign for life: make two L shapes with hands and pull up from the hips, big arm circle (*clockwise*)

Point to self with thumbs

March

Chorus (in Spanish):

What must I do to be saved?

Roll arms in front of stomach and then point to the right with thumb, repeat to the left

What must I do to be saved?

Roll arms in front of stomach and then point to the right with thumb, repeat to the left

It seems I have lost my way...

to the right: step right, behind left. Step right and clap (*repeat to the left*)

What must I do to be saved

Roll arms in front of stomach and then point to the right with thumb, repeat to the left

Verse (in Spanish):

Believe there's love from Heaven

Weave arms in and out to high diagonals

Sent to us in Jesus Christ

Wave arms right to left

Believe this love lasts forever

Cascade arms down

Admit you have sinned start believing in Him

Shoot right arm up to high diagonal (*start believing*) repeat left

Claim Jesus, commit today

Bring arms slowly down overlapping over heart

Verse 3

*\*Divide group into three sections. Designate one person to hold up a large sign with their letter on it.*

Remember "A"

Person with sign stand up

You must admit you have sinned

Section "A" cups mouth and holds

Then there is "B"

Person with sign stands up

Start now believing in Him

Pump hands over heart 4x's and hold

End it with "C"

Person with sign stands up

Confess your sins and commit

Pound fists on top of one another

Claim Jesus Christ, you'll live forever with Him

Everybody point right finger towards God

Remember "A"

Person with sign stand up

You must admit you have sinned

Section "A" cups mouth and holds

Then there is "B"

Person with sign stands up

Start believing in Him

Pump hands over heart 4x's and hold

End it with "C"

Person with sign stands up

Confess your sins and commit

Pound fists on top of one another

Claim Jesus Christ, you'll live forever with Him

*Everybody:* point right finger towards God

Claim Jesus Christ, you'll live forever with Him

*Everybody:* point right finger towards God

Chorus:

What must I do to be saved?

Roll arms in front of stomach and then point to the right with thumb, repeat to the left

What must I do to be saved?

Roll arms in front of stomach and then point to the right with thumb, repeat to the left

It seems I have lost my way..."

to the right: step right, behind left. Step right and clap (*repeat to the left*)

What must I do to be saved?

Roll arms in front of stomach and then point to the right with thumb, repeat to the left

Verse:

Believe there's love from Heaven"

Weave arms in and out to high diagonals

Sent to us in Jesus Christ

Wave arms right to left

Believe this love lasts forever

Cascade arms down

Admit you have sinned start believing in Him.

Shoot right arm up to high diagonal (*start believing*) repeat left

Claim Jesus, commit today

Bring arms slowly down overlapping over heart

Song #4: "New Attitude"

Chorus:

**Lyrics:**

I've got a new attitude

Right here, right now

Right heart, new start, attitude

I've got a new attitude

Right here, right now

Right heart, new start, attitude

**Movement:**

Slide to the right with hands in a right diagonal, (*attitude*) strike a pose

Right hand pops into a high right diagonal, (*right*) left hand repeats to left diagonal

Overlap hands over chest and pump, (*attitude*) slide back to the left

Slide to the right with hands in a right diagonal, (*attitude*) strike a pose

Right hand pops into a high right diagonal, (*right*) left hand repeats to left diagonal

Overlap hands over chest and pump, (*attitude*) slide back to the left

Verse 1:

God's love has changed me

Now I'm not the same

I'm walkin' away from the shame and the blame

I believe in His promise

My hope is secure

I wanna be just like Jesus share His love...

Take right hand and "brush off the shoulders" (*like your brushing off dirt*)

Strike a pose (*make this pose fun and energetic representing the child's personality*)

March

Point with right index finger towards God

Point to self with thumbs

Open arms from center

Chorus:

I've got a new attitude

Right here, right now

Right heart, new start, attitude

Slide to the right with hands in a right diagonal, (*attitude*) strike a pose

Right hand pops into a high right diagonal, (*right*) left hand repeats to left diagonal

Overlap hands over chest and pump, (*attitude*) slide back to the left

Verse 1 (repeat):

God's love has changed me

Now I'm not the same

Take right hand and "brush off the shoulders" (*like your brushing off dirt*)

Strike a pose (*make this pose fun and energetic representing the child's personality*)

I'm walkin' away from the shame and the blame  
I believe in His promise  
My hope is secure  
I wanna be just like Jesus share His love with...

March  
Point with right index finger towards God  
Point to self with thumbs  
Open arms from center

Chorus:

*\* Divide Chorus into two groups. One group will continue with the regular motions while the other group repeats after.*

I've got a new attitude  
Right here, right now  
Right heart, new start, attitude  
I've got a new attitude  
Right here, right now  
Right heart, new start, attitude

Slide to the right with hands in a right diagonal, (*attitude*) strike a pose  
Right hand pops into a high right diagonal, (*right*) left hand repeats to left diagonal  
Overlap hands over chest and pump, (*attitude*) slide back to the left  
Slide to the right with hands in a right diagonal, (*attitude*) strike a pose  
Right hand pops into a high right diagonal, (*right*) left hand repeats to left diagonal  
Overlap hands over chest and pump, (*attitude*) slide back to the left

*\*Everyone together*

Right here, right now  
Right heart, new start, attitude

Right hand pops into a high right diagonal, (*right*) left hand repeats to left diagonal  
Overlap hands over chest and pump, (*attitude*) slide back to the left

Song #5: Amazing Grace

Verse 1:

**Lyrics:**

Amazing Grace how sweet the sound

That saved a wretch like me

I once was lost, but now am found

Was blind but now I see

Verse 2:

Twas grace that taught my heart to fear  
And grace my fears relieved

How precious did that grace appear

The hour I first believed

Bridge:

*\*Divide into 2 groups. Have one group start and the other repeat 2x's.*

Amazing Grace how sweet the sound

Verse 3:

When we've been there ten thousand years

Bright shining as the sun

We've no less days

**Movements:**

Starburst with hands over head, (*sweet*) from mouth press your fingers to thumb and pull back, (*sound*) lean to the right while cupping ear

Slowly lift arms into full extension, (*me*) bring back down overlapping heart

Point right index finger up and push arm across and away from body, (*found*) cup left hand around right index finger and pull back to center

Cover eyes and then slowly bring hands down to side

Overlap hand on heart and pump

big arm circle beginning from center of body opening at full extension back down to sides

Slowly raise right arm from side to full right diagonal extension

Slowly raise left arm from side to full left diagonal extension

Starburst with hands over head, (*sweet*) from mouth press your fingers to thumb and pull back, (*sound*) lean to the right while cupping ear

From left to right point towards and across audience

Mini starburst with hands growing higher and higher

Criss-cross hands over top of each other

To sing God's praise

Extend left arm and sweep right hand back  
and forth over top of it

Than when we'd first believed

Raise both arms up to full extension

Chorus:

O' Lord Amazing Grace how sweet the sound

Starburst with hands over head, (*sweet*) from  
mouth press your fingers to thumb and pull  
back, (*sound*) lean to the right while cupping  
ear

O' Lord Amazing Grace how sweet the sound

Starburst with hands over head, (*sweet*) from  
mouth press your fingers to thumb and pull  
back, (*sound*) lean to the right while cupping  
ear

O' Lord Amazing Grace how sweet the sound

Starburst with hands over head, (*sweet*) from  
mouth press your fingers to thumb and pull  
back, (*sound*) lean to the right while cupping  
ear

O' Lord Amazing Grace how sweet the sound

Starburst with hands over head, (*sweet*) from  
mouth press your fingers to thumb and pull  
back, (*sound*) lean to the right while cupping  
ear

Song #6: "We Believe in Jesus Christ"

*\*Props: 3 signs "We Believe" 1 sign "In Jesus Christ". Use your imagination and creativity when decorating.*

Chorus:

**Lyrics:**

We believe

We believe

We believe

In Jesus Christ

We believe

We believe

That he paid for us the price

We believe

We believe

We believe He'll come again

And we will have eternal life forevermore

We believe

John 3:16:

For God so Loved the world

**Movements:**

*(Sign 1 goes up)* Choir, group 1 pops right hand up with jazz hand and hold

*(Sign 2 goes up)* Choir, group 2 pops right hand up with jazz hand and hold

*(Sign 3 goes up)* Choir, group 3 pops right hand up with jazz hand and hold

*(Sign 4 goes up)* Choir, group 4 signs Jesus Christ by placing left finger tip in the center of right palm and then repeating to the left and hold

*(Sign 1 goes up)* Choir, group 1 pops right hand up with jazz hand and hold

*(Sign 2 goes up)* Choir, group 2 pops right hand up with jazz hand and hold

*(On the back of sign 3 place a cross) (Sign 3 goes up)* Choir, point to self with thumb and then pop hands into full high extensions

*(Sign 1 goes up)* Choir, group 1 pops right hand up with jazz hand and hold

*(Sign 2 goes up)* Choir, group 2 pops right hand up with jazz hand and hold

*(On the back of sign 4 have picture of Jesus in Heaven)*

Have choir, bring arms down from full extension to sides

*Choir:* everyone slowly raises right hand to full extension

Raise left hand

With right index finger point towards God, *(loved)* sign for love by overlapping arms across chest, *(world)* sign for world by making W's with fingers and rotating them in a circular motion around each other

That He gave his only son

From sides push hands forward as if one was holding something on a tray (*only*) hold up "1" finger (*son*) sign Jesus Christ

That who-so-ever believes in Him  
Shall not perish but have eternal life

Raise right hand  
(*perish*) To sign "perish" have one palm facing up and the other down and then you flip them over (*eternal life*) raise both arms up in to full extension

We believe

All signs in he back slowly raise behind the choirs fully extended arms

Chorus:

We believe

(*Sign 1 goes up*) Choir, group 1 pops right hand up with jazz hand and hold

We believe

(*Sign 2 goes up*) Choir, group 2 pops right hand up with jazz hand and hold

We believe

(*Sign 3 goes up*) Choir, group 3 pops right hand up with jazz hand and hold

In Jesus Christ

(*Sign 4 goes up*) Choir, group 4 signs Jesus Christ buy placing left finger tip in the center of right palm and then repeating to the left and hold

We believe

(*Sign 1 goes up*) Choir, group 1 pops right hand up with jazz hand and hold

We believe

(*Sign 2 goes up*) Choir, group 2 pops right hand up with jazz hand and hold

That he paid for us the price

(*On the back of sign 3 place a cross*) (*Sign 3 goes up*) Choir, point to self with thumb and then pop hands into full high extensions

We believe

(*Sign 1 goes up*) Choir, group 1 pops right hand up with jazz hand and hold

We believe

(*Sign 2 goes up*) Choir, group 2 pops right hand up with jazz hand and hold

We believe He'll come again

(*On the back of sign 4 have picture of Jesus in Heaven*)

Have choir, bring arms down from full extension to sides

And we will have eternal life forevermore

Choir: everyone slowly raises right hand to full extension

We believe

Raise left hand

Verse 2:

We believe

(*Sign 1 goes up*) Choir, group 1 pops right hand up with jazz hand and hold

We believe	<i>(Sign 2 goes up)</i> Choir, group 2 pops right hand up with jazz hand and hold
We believe	<i>(Sign 3 goes up)</i> Choir, group 3 pops right hand up with jazz hand and hold
With all our might	strike muscle pose
He's our Savior and he was the perfect sacrifice	<i>(On the back of sign 3 place a cross)</i> <i>(Sign 3 goes up)</i> Choir, point to self with thumb and then pop hands into full high extensions
We believe	<i>(Sign 1 goes up)</i> Choir, group 1 pops right hand up with jazz hand and hold
We believe	<i>(Sign 2 goes up)</i> Choir, group 2 pops right hand up with jazz hand and hold
We believe	<i>(Sign 3 goes up)</i> Choir, group 3 pops right hand up with jazz hand and hold
With all our soul	draw an outline over heart
And He's building us a mansion on those...	From sides pop arms in and out from low diagonals to full extended diagonals 4x's, <i>(shiny)</i> shake hands above head
<u>Chorus:</u>	
We believe	<i>(Sign 1 goes up)</i> Choir, group 1 pops right hand up with jazz hand and hold
We believe	<i>(Sign 2 goes up)</i> Choir, group 2 pops right hand up with jazz hand and hold
We believe	<i>(Sign 3 goes up)</i> Choir, group 3 pops right hand up with jazz hand and hold
In Jesus Christ	<i>(Sign 4 goes up)</i> Choir, group 4 signs Jesus Christ by placing left finger tip in the center of right palm and then repeating to the left and hold
We believe	<i>(Sign 1 goes up)</i> Choir, group 1 pops right hand up with jazz hand and hold
We believe	<i>(Sign 2 goes up)</i> Choir, group 2 pops right hand up with jazz hand and hold
That he paid for us the price	<i>(On the back of sign 3 place a cross)</i> <i>(Sign 3 goes up)</i> Choir, point to self with thumb and then pop hands into full high extensions
We believe	<i>(Sign 1 goes up)</i> Choir, group 1 pops right hand up with jazz hand and hold

We believe

We believe He'll come again

And we will have eternal life forevermore

We believe

We believe

*(Sign 2 goes up)* Choir, group 2 pops right hand up with jazz hand and hold

*(On the back of sign 4 have picture of Jesus in Heaven)*

Have choir, bring arms down from full extension to sides

Choir: everyone slowly raises right hand to full extension

Raise left hand

Raise left hand

Song #7: "Here We Are"

Chorus:

**Lyrics:**

Here we are bowing in your presence

Hear our prayer as we lift our hearts to you

Jesus, thank you for your love that brings...

Here we are, we give our lives to you

Verse 1:

Lord you hold the future

Past and present in your hands

There is nothing better than to trust your...

Chorus:

Here we are bowing in your presence

Hear our prayer as we lift our hearts to you

Jesus, thank you for your love that brings...

Here we are, we give our lives to you

**Movements:**

From hands in full extension up bring them slowly down as hands pass by head slowly lower head

Raise head, have hands enter into a prayer (*hearts*) cover heart with overlapping hands (*to you*) raise up towards God

To sign for thank you bring your right hand to your chin and then lower hand down (*love*) sign for love

From hands in full extension up bring them slowly down as hands pass by head slowly lower head

To sign for Lord, make an "L" shape with your right thumb and index finger, from your left shoulder bring "L" to right hip moving across the body

From hips bring both right and left hands up like holding a tray

Criss-cross hands overtop of each other

From hands in full extension up bring them slowly down as hands pass by head slowly lower head

Raise head, have hands enter into a prayer (*hearts*) cover heart with overlapping hands (*to you*) raise up towards God

To sign for thank you bring your right hand to your chin and then lower hand down (*love*) sign for love

From hands in full extension up bring them slowly down as hands pass by head slowly lower head

Verse 2:

It is you and only you, Lord  
Nothing else can satisfy  
And like those who've gone before us...

With right index finger point up to God  
Shake right index finger (*for nothing*)  
March

Chorus

Here we are bowing in your presence

From hands in full extension up bring them slowly down as hands pass by head slowly lower head

Hear our prayer as we lift our hearts to you

Raise head, have hands enter into a prayer (*hearts*) cover heart with overlapping hands (*to you*) raise up towards God

Jesus, thank you for your love that brings...

To sign for thank you bring your right hand to your chin and then lower hand down (*love*) sign for love

Here we are, we give our lives to you

From hands in full extension up bring them slowly down as hands pass by head slowly lower head

Jesus, thank you for your love that brings...

To sign for thank you bring your right hand to your chin and then lower hand down (*love*) sign for love

Here we are, we give our lives to you

From hands in full extension up bring them slowly down as hands pass by head slowly lower head

We give our lives to you

Stand with hands at side