



COOKING

Bible Basis: "Whether you eat or drink or whatever you do, do it all for the glory of God" (1 Corinthians 10:31).

Bible Point: Honor God in all you do.

Badge Goal: Searcher Questers will learn how to use measurements and they will make at least two recipes.



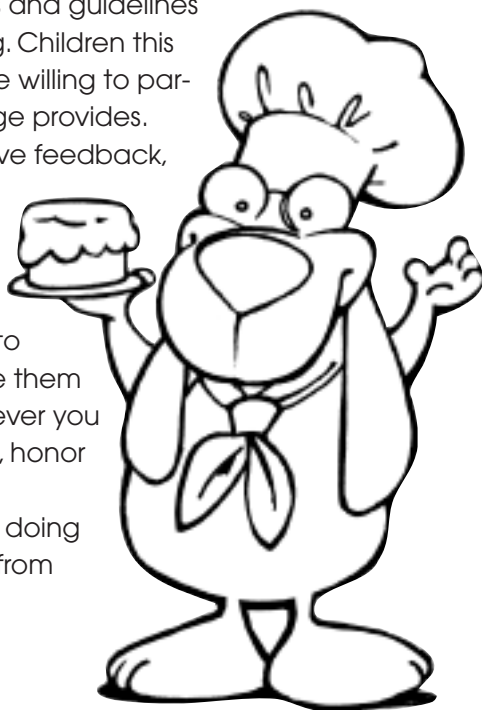
Game Plan

Questers can work well together, as long as you provide supervision. Badges, such as the Cooking badge, will give them opportunities to create a finished product while working together as a team.

While Questers generally respect authority, you will need to set clear boundaries and guidelines while working in a kitchen setting. Children this age love to help, and they will be willing to participate in the activities this badge provides. Give encouragement and positive feedback, and Questers will shine.

Help Questers understand the full meaning of the Bible verse, 1 Corinthians 10:31. They may not see the immediate link to activities, such as cooking. Guide them to an understanding that "whatever you do" means just that. In ALL things, honor God.

NOTE: If time allows, consider doing a Cooking enRICHment activity from page 165.



READY . . . SET . . . GO!

Cooking SESSION ONE:

SUPPLY CLOSET



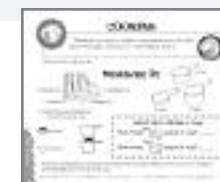
MEASURE IT

Before class, set up a "Dry Ingredients" table and a "Wet Ingredients" table. Put flour, sugar, bowls, and measuring cups and spoons at the dry table, and put water, bowls, and measuring cups and spoons at the wet table.

- Searcher Quester student book, p. 36
- pencils
- two tables
- measuring spoons and cups (1/4 teaspoon, 1/2 teaspoon, 1 tablespoon, 1/4 cup, 1/2 cup, 1 cup)
- flour and brown sugar
- shortening
- spatula
- several bowls
- four buckets
- water



Getting Directions



- Have Questers turn to page 36 in their student books. Review the different measuring spoons and cups. Be prepared to show measuring tools that are the same sizes as those in the book.
- Provide pencils, and let Questers complete the equations in "Add It Up to Make a Cup." (Answers are four, two.)
- Have children rotate through the wet and dry tables. Give them opportunities to measure both wet and dry ingredients.
- At the dry table, show Questers the difference between a "level" measurement and a "heaping" measurement. Show them how to level a spoon or cup. Explain that most recipes will require a "level" measurement of all ingredients. Also, use the brown sugar to explain a "packed" measurement. Let children practice a level measurement and a packed measurement.
- At the wet table, show Questers how to measure liquid into spoons and cups. Also, show them how to measure shortening, pressing it down to remove air bubbles. Use the spatula to show them how to remove the shortening from the measuring cup.
- Remind Questers of the ways they learned to divide into teams without hurting anyone's feelings (Good Sport badge). Have them select one way to divide into two teams.
- Prepare to do a water relay using buckets of water and measuring cups. If indoors, cover the floor with plastic.
- At the starting line, provide a bucket of water and measuring cups of different sizes for each team. At the opposite end of the room, place an empty bucket for each team. The object of the relay is to see which team can transfer the water from their full bucket to their empty bucket first.

Closer Look!

The SESSION ONE activities will require extra adult assistance.

Bananas in a Blanket

Before class, set out all ingredients on a work table. If possible, enlarge the directions for "Bananas in a Blanket," and display them on a poster board at the end of the work table.

CAUTION: The following snack calls for peanut butter. Check with parents about peanut allergies. For children who cannot eat peanut butter, use marshmallow cr me instead.

SUPPLY CLOSET

- Searcher Quester student book, p. 36
- paper plates
- bananas
- peanut butter
- craft sticks
- bread
- assorted toppings, such as chocolate and butterscotch syrup, raisins, coconut, candy sprinkles, etc.



Getting Directions

- Have Questers turn to page 36 in their student books. Read through the directions for making "Bananas in a Blanket."



- Have Questers follow the instructions in their books to make the treat:
 1. Use craft sticks to spread peanut butter on the bread.
 2. Peel a banana, and lay it in the center of the bread.
 3. Top the banana with a topping or toppings of your choice.
 4. Fold the sides of the bread around the banana so it resembles a traditional "pig in a blanket" snack. Eat.

- Say, *The Bible says we are to honor God in everything we do. Even in things like cooking, we should try to do our best. It pleases God when we honor Him.*

Closer Look!

Serve "Mystery Drinks" with the banana snacks. Prior to class, freeze Kool-Aid in ice cube trays. In class, put frozen cubes in cups, pour a clear soft drink over the cubes, and watch the color change as the cubes melt.

Top it Off!

Before class, precut the poster board lengthwise into four equal pieces. Precut the paper into 2" wide strips. You will need six strips per child. Make a sample hat for children to see before they begin making their hats.

SUPPLY CLOSET

- Searcher Quester student book, p. 37
- white 11" x 17" paper
- white poster board, one for every four children
- paper clips
- stapler
- tape



Getting Directions

- Say, *Let's make chef's hats to wear while we bake cookies at the next session.*
- Have Questers turn to page 37 in their student books. Before they begin making the hats, read through the steps with them, and show them the completed hat you prepared in advance.
- Have Questers follow the instructions in their books. Provide assistance only when it is requested. Encourage children to work as independently as possible.
- Store the hats until the next session.



Cooking SESSION TWO:

SUPPLY CLOSET

Baking Cookies

- Searcher Quester student book, pp. 38-39
- ingredients for 6 dozen cookies: 4½ cups flour, 2 teaspoons baking soda, 2 cups butter, 1½ cups brown sugar, ½ cup granulated sugar, 2 boxes (3.4 ounce) instant vanilla pudding mix, 4 eggs, 2 teaspoons vanilla extract, 4 cups semisweet chocolate chips, 2 cups chopped walnuts (optional)
- measuring cups and spoons
- one large and one medium mixing bowls
- electric mixer
- cookie sheets
- oven
- kitchen timer
- oven mitts
- waxed paper
- white paper lunch-sized bags
- markers
- variety of stencils
- ribbon
- construction paper
- decorating materials, such as glitter, stickers, and glue
- Ziploc bags

Before class, make arrangements for a location with an oven so children can bake cookies.



Getting Directions

- Lay out on a table all ingredients, measuring tools, bowls, spoons, and baking sheets. Preheat the oven to 350 degrees. Direct children to wash their hands with soap, then gather them around the table. Have children put on the chef hats they made in SESSION ONE and open their Quester student books to pages 38-39.
- Say, *A recipe is a list of food items and instructions for making a particular food. It's important to use the right measurements to make sure the recipe turns out as expected.*



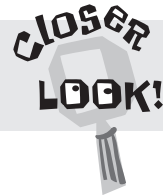
■ Have Questers follow the instructions to make the cookie dough. As you read each ingredient, have children show you which measuring tool to use. Let them help put the ingredients in the bowls. Operate the mixer yourself. When the dough is mixed, let Questers put spoonfuls onto the cookie sheets. Put the cookie sheets into the oven yourself, and remove the hot ones, as well. Allow time for the pans to cool, then let Questers remove the cookies and place them on waxed paper.

■ While the cookies are baking, say, ***We've made enough cookies for you to eat two and share six with someone else. The Bible says, "Whether you eat or drink or whatever you do, do it all for the glory of God" (1 Corinthians 10:31). You can honor God by sharing food you make with others.*** NOTE: Turn to Appendix 2 for Bible verse activities. Or, color the picture on page 40.

■ Have Questers decorate white paper bags for the six cookies they will take with them. (*Put cookies in Ziploc bag before putting them into the white bags.*) Also, have Questers make cards to attach to the bags. See instructions on page 39.



Be sure to allow time for children to enjoy warm cookies served with milk. Also, have Questers help with the clean-up.



BONUS

Have kids make recipe card holders. Follow these simple steps:

1. Glue a clothespin (pointing upward) to a craft stick.
2. Cover the bottom hole of a small terra cotta flowerpot with duct tape, then fill the pot with plaster of paris.
3. Dip your fingertips in tempera paint, and dab them all over the pot for personalized decorations.
4. Watch for the plaster of paris to thicken, then insert the craft stick with the clothespin pointing up.
5. Glue artificial flowers around the base of the craft stick to cover the plaster.

1. Can Questers identify specific measuring spoons and cups?
2. Do Questers understand how to follow a recipe?
3. Do Questers understand how tasks, such as cooking, can be ways to honor God?



1. Spilt-Milk Art: Read the Charles Shaw story *It Looked Like Spilt Milk* to the children. Afterward, create a classroom mural. Have each Quester put a blob of white tempera paint on black construction paper, and use a straw to blow it around on the paper. Then have the children tell you what they think their art looks like. The title for your mural can be "It Looked like Spilt Milk but It Was Really . . ."

2. Sandwich Art: Pour ¼ cup milk into several small bowls. Add a few drops of food coloring to each bowl. Have children use clean, new paintbrushes to paint colored-milk pictures and designs on bread. Toast the painted bread lightly, and use the slices to make fun sandwiches.

3. Sentence Sandwiches: Give each Quester a paper plate and a slice of bread. Have children spread fruit jelly on each slice of bread. Spread alphabet-shaped cereal around the work area. Have children select letters and arrange them on the bread to form names, words, sentences, or even a secret message.

4. Dinosaur Claws: Bake one can of refrigerator biscuits according to package directions. Have Questers brush each biscuit with melted margarine and sprinkle them with a cinnamon and sugar mixture. While the biscuits are still very warm, carefully insert five almonds around the edge of the biscuit so it looks like the claws of a dinosaur. (Alternative: Have Questers frost round sugar cookies and arrange five pieces of candy corn around the edges to look like claws.)

5. Spider Sandwiches: Use a 2½-inch round cookie cutter to cut circles out of wheat bread, two slices per person. Have Questers spread peanut butter or tuna salad on one of the bread circles. Then have children press eight thin pretzel sticks into the spread half way around each circle to make the legs of the spider. Place the remaining bread circle on top. Have children use a finger to poke two small indentations onto the top of their sandwiches. Push a raisin into each indentation to make the eyes. Use a black marker to draw a spider web on the edges of a white paper place. Place the spider in the middle of the web.