



30 Days with

AUGUSTINE

Contents

<i>The Lord's Prayer</i>	4
<i>"Take Up and Read"</i>	5
Days 1 to 30	8
Sources	128

DAY 1 † Morning Prayer

O Lord, open my lips, and my mouth will declare your praise. (Ps. 51:15, NRSV)

Psalm 95:1-2

Come, let us sing for joy to the LORD;
let us shout aloud to the Rock of our salvation.
Let us come before him with thanksgiving
and extol him with music and song.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Hymn

*Stand up and bless the Lord;
The Lord your God adore.
Stand up and bless his glorious name
Now and forevermore.*

Psalm 146:1-2, 6

Praise the LORD.
Praise the LORD, my soul.
I will praise the LORD all my life;
I will sing praise to my God as long as I live.
.....
He is the Maker of heaven and earth,
the sea, and everything in them—
he remains faithful forever.

Prayer

O Lord, we bless your holy name, for you have made the entire universe and care for its every part—the stars, the land, the sea, and all living things.



Psalm 147:1-5

Praise the LORD.
How good it is to sing praises to our God,
 how pleasant and fitting to praise him!
The LORD builds up Jerusalem;
 he gathers the exiles of Israel.
He heals the brokenhearted
 and binds up their wounds.
He determines the number of the stars
 and calls them each by name.
Great is our Lord and mighty in power;
 his understanding has no limit.

Prayer

We offer to you, O God, pleasant praise for gathering us together into a people redeemed by the blood of your Son and for healing our hearts bruised by sin.

Scripture Reading (Optional) Hebrews 13:15

Reflections from Augustine

Great are you, O Lord, and greatly to be praised; great is your power, and of your wisdom there is no end. And we, being a part of your creation, desire to praise you—we who carry around with us our mortality, the witness of our sin, even the witness that you “resist the proud”—yet we, as part of your creation, desire to praise you. You move us to delight in praising you, for you have formed us for yourself, and our hearts are restless till they find rest in you. (*Confessions*, 1.1.1)

(Offer personal prayers.)

The Lord's Prayer

Dismissal

Draw closely to us today, O Father. Help us to glorify you in all we do. This we ask through Christ Jesus, our Lord. Amen.



DAY 1 † Evening Prayer

Self-Examination

(Reflect on the day, using the following questions as a guide, confess any departures from the law of love, and ask God for forgiveness.)

- Have I today loved and honored God before everything else in my life?
- Have I been kind and compassionate to my coworkers, friends, and family?

Opening

O God, come to my assistance; O Lord, make haste to help me.
(Ps. 69:2, DRA)*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Luke 1:46-49

My soul glorifies the Lord
and my spirit rejoices in God my Savior,
for he has been mindful
of the humble state of his servant.
From now on all generations will call me blessed,
for the Mighty One has done great things for me—
holy is his name.

Intercessions

(Offer personal prayers.)

Lord's Prayer

Dismissal

Grant us peace and rest, O God, so that refreshed, we may awaken to love and serve you, through Christ Jesus, our Lord. Amen.

*Psalm 70:1 in most modern versions of the Bible.



Personal Meditations





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